

February 2025
ND Suicide Prevention Coalition Hope Café

Safety Planning Resources

With Clickable Links



**NORTH DAKOTA
SUICIDE
PREVENTION COALITION**



24/7 Crisis and Safety Planning Support



VA Safety Planning App



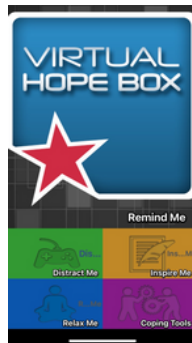
Care and Support Program



SAMHSA Safety Planning Video



VA Safety Planning Video



Virtual Hope Box



VA Lethal Means Safety/Keepitsecure.net

Stanley and Brown
Safety Planning Intervention



Stanley and Brown
Safety Planning App

Safety Planning Guide

Quick Guide for Clinicians

Print/Order Safety Plans
from SAMHSA

NSSF[®]
**The Firearm Industry
Trade Association**
NSSF Lethal Means Safety

Be prepared.

Make a Safety Plan.

A safety plan is a prioritized list of coping strategies and sources of support. It can help you to identify what leads to your thoughts of suicide, and how to feel better when you are having these thoughts. As a result, you can help yourself to stay safe.

Let's Make a Plan

My Safety Plan



Order 988 Materials
from ND DHHS

There is hope.



**988 SUICIDE & CRISIS
LIFELINE**

Order 988 Materials
from SAMHSA