

## ND HOPES: Partnering to Prevent Suicide

A comprehensive, public health approach to suicide prevention

ND HOPES (North Dakota Healthcare, Opportunity, Prevention, and Education in Suicide) is a five-year suicide prevention project serving 21 counties in Western North Dakota.

### ND HOPES counties include

Divide, McKenzie, Williams, Adams, Billings, Bowman, Dunn, Golden Valley, Hettinger, Slope, Stark, Burleigh, Emmons, Grant, Kidder, Mclean, Mercer, Morton, Oliver, Sheridan, Sioux



ND HOPES serves all of Western North Dakota and provides specific programs, services, and resources for three populations with higher rates of suicide:

- ✓ **Rural residents**
- ✓ **Veterans**
- ✓ **LGBTQIA2S+ youth**

**ND HOPES  
aims to  
reduce  
suicide by  
10% by  
2027!**



This will be achieved using a comprehensive, public health approach:

- Community education and training to help identify and support people at risk
- Sources of Strength and individualized consultation for schools
- Implementing Zero Suicide in clinical settings
- Increasing the use of safe storage practices
- Increasing awareness and use of the 988 Suicide and Crisis Lifeline
- Routine monitoring of data on suicide to guide ND HOPES

ND HOPES draws upon the strengths and assets of the state, partnering with state government agencies and funded programs, health care providers, schools, and national and local nonprofits.

For more information about **ND HOPES** or to get involved, contact [info@ndhopes.com](mailto:info@ndhopes.com).